

Cosmas & Damian

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I Cor. 12:27-13:8

Luke 16:19-31

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Homily by
Fr. Marc Dunaway

Epistle Reader:
Russell Clodfelter

Coffee Hour Hosts:
Kies / Fletes

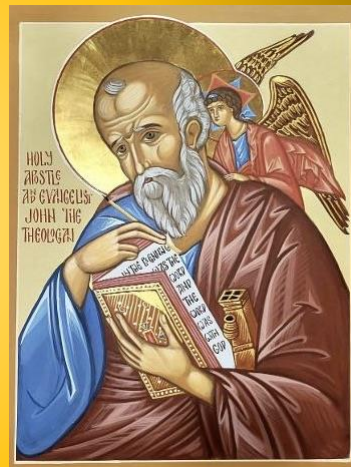
St. John Orthodox Cathedral

Weekly Bulletin

Sunday, November 1, 2026



And the Days Following



O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.



Fall Back...

Time Change – Sunday, November 1- Set your clocks back one hour

Parish Events and News

**Funeral services for Dn. Fred Arvidson this
Saturday morning, October 31
at Saint John Cathedral.**

Visitation at 10am

Funeral 10:30am

Graveside Service and a Mercy Meal
immediately following in the Church Basement.

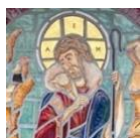
Mercy Meal

Please bring, as you can, the following:

Sandwiches, fruit/vegetable trays and desserts.

Please bring them to the church basement before the funeral. For

Questions, you can contact Jane Lamb



Catechesis of the Good Shepherd (Atrium)

Sundays from 12:30 – 2:00pm



Coffee Hour This Sunday - November 1, 2026 Group Matthew (1) - First Sunday of the Month

Hosts Families: Kies / Fletes

Snacks: Abel, Betson, Clodfelter, Culton, Curry, Dozier, J & B Dunaway, Finkler, G & J Gillquist, H Gillquist, Grasse, G & A Ihde, Haley, Hightower, D & A Jenkins, K & G Jones, Kelly, Klatt, Lamb, Lineer, K & J Medders, Mee, Okuley, Patras, N & M Ray, Sluz, Stallman, Stogsdill, Terrell, Webster

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**Next Sunday - Group Luke (2) - November 8, 2026 - Hosts: Unser / Komar**

Snacks: Arnold, Bower, Davisson, Drennan, Dunham, Fisher, Hanna, Hoyt, J. Jenkins, M & M Jones, D & M Kendall, Komar, Lindblom, K Medders, L & M Mellor, G. Moses, Peters, Saur, Snider, Sturdevant, N. Temple, Tysver, Villafanna, Wells

*Sam Lowry will be making pancakes for coffee hour  
in honor of Saint Olga - snacks will still need to be brought*

**Thursday, November 5, 6pm-7:30pm in the Church Basement**  
**How We Live (Part One) - The Sacraments**  
*This Week - "Baptism, Chrismation, Confession,  
Ordination and Anointing"*



### **Thanksgiving Offering - 200 Individual Boxes of Stuffing**

Love Inc. of Eagle River and its member churches are once again coordinating this year's Thanksgiving Blessing Project. A complete (uncooked) turkey dinner with all the fixings will be provided to an anticipated 400 local families in need.

We are signed up to collect 200 (*individual*) boxes of stuffing before the scheduled delivery to Joy Lutheran on Sunday, November 22.

### **Sisters of Mary and Martha Fellowship Meeting**

Please join the Sisters of Mary and Martha for a Fellowship Meeting on Tuesday, November 10th at 5:30 pm in the church basement. Dinner and babysitting will be provided. Dinner will be served from 5:30-6:00, before the start of the meeting. Looking forward to seeing everyone!

—Thank you- Katy Arvidson and Hannah Hanna

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## *St. James House Weekly News*



**St. James House Café**  
**Come Sit and Enjoy a Cup of Coffee and**  
**Catch Up with Friends**  
**Tuesdays and Thursdays 8am to 9am**

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## *News From Our Antiochian Archdiocese*



Writings by Metropolitan Saba: [On Demons](#)

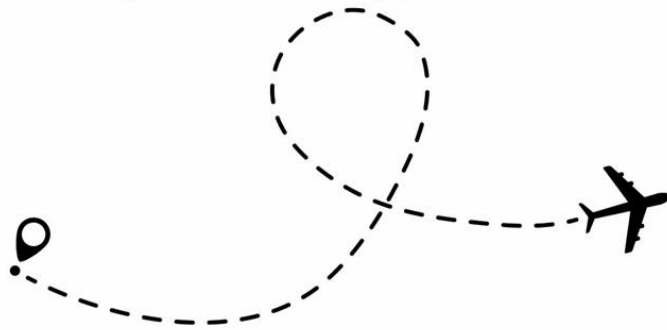
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## *Notes and Pictures from Parishioners*

### **"Checking In" with Each Other**

Is there something you'd like to share? Please email: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)

# GOING AWAY *party*



JOIN US FOR A FAREWELL PARTY  
HONORING

*The DuRands*

**FRIDAY | 30 | OCTOBER**

**FROM 5:30-7:30**

THE ST JAME'S HOUSE  
PLEASE BRING A DISH TO SHARE!  
RSVP TO SYDNEY OR KRISTINE  
AT (907)854-5517

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## *Dates to Remember*

### *'Moms with Little Ones' Reading Group* *Wednesdays 10am*

We will meet at the St. James House If you have any questions, contact Natasha Haines at 907-351-4942.





### *Men's Book Club - Wednesdays 7-8pm*

The Men's Book Club has finished *On the Apostolic Preaching* by St. Irenaeus and is now starting *The Abolition of Man* by C.S. Lewis. We will do all the reading together during our meeting time, with discussion interspersed throughout.

We will be meeting Wednesdays 7:00–8:00 PM at the St. James House.

Several copies of the book will be available at our meetings for purchase for 9 dollars, but you can also purchase your own if you would like.

For questions, please contact Sam Lowry at (616) 928-5181.



### *Women's Reading Group - Thursdays at 10am*

We meet at 10am at the Senior Center Meeting Room, in the HUD building on the second floor. Hope to see you there! —Ann Patras

### *Birthdays This Week*

November 1 - Robert Amundson

November 1 - Marie DuRand

November 1 - Silas Mae

November 1 - Veronica Stiehr

November 2 - Celyn Griffith

November 2 - Elliot Jones

November 4 - Victoria Bower

November 5 - Tisha Dunham

November 6 - Mary Curry

November 7 - Katy Arvidson

*M A N Y Y E A R S !*

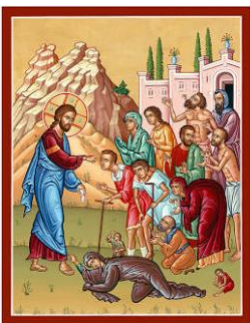


### *Anniversaries this Week*

Greg & Jennifer Gillquist - November 4, 1990

John Marc & Bethany Dunaway - November 8, 2015

*M A N Y Y E A R S !*



### *Remembering in Prayer...*

*Oksana Artz*

*Ben Polson*

*David Lindblom*

*George Dozier*

*For those suffering from the devastation of war*

*Travis Cook*

*Lily & baby Moses*

*Helen Gillquist*

## *Remembering Those Who Have Fallen Asleep This Month*



- \* Mary Margaret Summons - November 1, 2007
- \* Jean Margaret Proctor - November 7, 1997
- \* Laura Anne Granducci Temple - November 11, 2024
- \* Thea Ann Ray - November 21, 2020
- \* Archimandrite Lazarus Moore - November 27, 1992
- \* Archpriest Fr. Michael Oleksa - November 29, 2023

*M E M O R Y   E T E R N A L !*

## *Clare House Meal - 4th Saturday of Each Month*

For the Month of **November** – our scheduled meal that we provide Clare House is:  
**Saturday, November 28.** Contact Cara Fletes to see how you can help.



## **Bulletin Announcement Guidelines**

Send announcements to church email address: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)

Have announcements submitted by Thursday or at very latest Friday 9am.

If you have any questions regarding announcements,  
contact Maris Kelly at the church office. 907-696-2002.



Tree down in cemetery, just missing  
Robin Armstrong's cross

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## THE SYNAXARION

### Cosmas & Damian – November 1

On November 1, in the Holy Orthodox Church we commemorate the holy and wonderworking Unmercenaries Cosmas and Damian, the sons of Theodota of Asia.

#### *Verses*

*The two Unmercenaries, departed from this earth,  
Yet they remain as before, filling the earth with wonders.  
On November first, they flew from this earth to the Healing Light.*



These two brothers were from Mesopotamia in Asia Minor, which is located in modern day Iraq. After the death of their pagan father, their devout Christian mother Theodota reared them in piety and in all manner of virtue, and had them instructed in every science, especially that of medicine. This became their vocation, and they went about healing every illness and malady, bestowing healing freely on both men and beasts alike. Because of this, Cosmas and Damian are called “Unmercenaries.” They fulfilled Christ’s command: “Freely have you received; now freely give.” And thus, having completed the course of their life, they reposed in peace. Even after their deaths, Cosmas and Damian worked many healing miracles for all who called upon their names.

On this day, we also commemorate the Venerable-martyr James and his disciples James the deacon and Dionysios of Mount Athos; and Venerable David of Evia in Greece. By their intercessions, O Christ God, have mercy upon us. Amen.

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### Saint John Orthodox Cathedral

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• Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson